

RESOLUTION NO. 7376

A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF REDLANDS IN
SUPPORT OF A HEALTHY ACTIVE LIVING COMMUNITY

WHEREAS, the City Council of the City of Redlands supports policies that focus on health and wellness and healthier lifestyles in all communities; and

WHEREAS, many agencies have adopted policies and programs that promote healthy lifestyles by making their communities walkable, promoting physical activity, encouraging access to fresh foods and vegetables in city, county or school facilities; and

WHEREAS, there are important, long-term community benefits to be gained by encouraging healthy lifestyles, including a decrease in the rate of obesity and its negative health-related impacts and cost; and

WHEREAS, the City Council of the City of Redlands and other community partners can work together to understand the relationship between obesity, land-use policies, development, and community planning; and

WHEREAS, the City Council of the City of Redlands and other community partners can work together to ensure that there are safe places for residents to be active such as parks, ball fields, pools, gyms, and recreation centers; and

WHEREAS, the City Council of the City of Redlands supports the development of healthy neighborhoods that provide places where walking and bicycling are safe and convenient for all residents; locally grown, affordable accessible and nutritious food; and a place where residents live in a clean, optimal environment free of hazards or pollutants; and

WHEREAS, our health is affected by where we live, work and play; and in order for our residents to be healthy, we need to live in healthy communities; and

WHEREAS, regional collaboration leads to developing and forging strong relationships, communities can maximize resources ensuring that healthier community development occurs; and

WHEREAS, local schools play a significant role in enhancing neighborhood health and safety, the City should commit to provide continuous support in assuring that children have safe routes to schools;

NOW, THEREFORE, BE IT RESOLVED by the City Council of the City of Redlands that all City departments and agencies are encouraged to: (A) Promote and support active transportation and physical activity; (B) Support joint use of facilities throughout communities in San Bernardino County which enhance physical activity; and (C) Develop policies to provide access to healthy and affordable foods; and

BE IT FURTHER RESOLVED that the City Council of the City of Redlands will work with other cities, County departments, community partners, and regional agencies to adopt preventative measures, develop initiatives and programs to fight obesity and chronic disease, and create or support existing coalitions, such as the State of California and County of San Bernardino Healthy Communities, which collectively advance community health and wellness.

I. Built Environment

BE IT FURTHER RESOLVED by the City Council of the City of Redlands City staff responsible for the design and construction of parks, neighborhoods, streets, and business areas, will make every effort to:

- Prioritize capital improvements projects to increase opportunities for physical activity;
- Plan and construct a built environment that encourages walking, biking and other forms of physical activity;
- Address walking and biking connectivity between residential neighborhoods and schools, parks, recreation resources and retail;
- Expand community access to indoor and outdoor public facilities through shared use agreements with schools and/or other partners;
- Revise general plans and zoning ordinances to increase opportunities for physical activity wherever and whenever possible, including complete street policies, compact, mixed-use and transit-oriented development;
- Include health goals and policies related to physical activity in the general plan update and specific area plans;
- Encourage submission of development project proposals that demonstrate favorable impact on resident and employee physical activity;

II. Healthy Food Access

BE IT FURTHER RESOLVED by the City Council of the City of Redlands that City staff responsible for the design and construction of parks, neighborhoods, streets, and business areas, will make every effort to:

- Facilitate the siting of new grocery stores, community gardens and farmers markets in underserved communities to increase access to healthy food, including fresh fruits and vegetables;
- Revise general plans and zoning ordinances to increase opportunities for access to healthy foods wherever and whenever possible, including prioritizing healthy food retail in compact, mixed-use and transit-oriented development policies, proposals and projects;
- Include health goals and policies related to access to healthy food in the general plan update;
- Encourage submission of development project proposals to increase access to healthy foods;
- Optimize access to healthy food options;

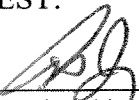
III. Healthy Food Access

BE IT FURTHER RESOLVED that in order to promote wellness within the City of Redlands and to set an example for other businesses, the City of Redlands pledges to adopt and implement an employee wellness policy that will:

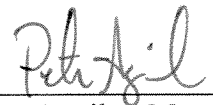
- Offer employee health incentive for healthy eating and physical activity;
- Provide educational workshops for employees and their families on healthy living;
- Encourage physical activity breaks for meetings over an hour in length;
- Encourage walking meetings and use of stairways;
- Encourage employees to participate in City sponsored activities;
- Set nutrition standards for vending machines located in City owned or leased locations;
- Set nutrition standards for food offered at City events, City sponsored meetings, served at City facilities and City concessions, and City programs;
- Collaborate with organizations to promote employee wellness in the workplace;
- Celebrate employee health improvements and accomplishments.

ADOPTED, SIGNED AND APPROVED this 15th day of April, 2014.

ATTEST:



Sam Irwin, City Clerk



Pete Aguilar, Mayor

I, Sam Irwin, City Clerk, City of Redlands, hereby certify that the foregoing resolution was duly adopted by the City Council at a regular meeting thereof held on the 15th day of April, 2014, by the following vote:

AYES: Councilmembers Harrison, Foster, Gardner, Gilbreath; Mayor Aguilar

NOES: None

ABSTAIN: None

ABSENT: None



Sam Irwin, City Clerk